

Akashic Field Therapy is a tool for looking at unprocessed or not fully resolved traumatic experiences in order to help you to process them more deeply. It is meant to be used as a personal development tool. This method can help you get more that you want out of your life such as joy, happiness and a greater sense of well-being by working with affirmations related to your underlying trauma.

Akashic Field Therapy (AFT) is not a substitute for appropriate medical and/or psychiatric care. It is recommended that you continue all medication and/or medical treatment as prescribed unless otherwise directed by the doctor who prescribed them. AFT should not take the place of qualified medical advice or replace your current psychological therapies.

I have read, or have had read to me, the statements and conditions listed above, and by signing below, I hereby agree.

Client Signature_____

Date _____